



**Campaign for Meds Management**  
INSPIRED BY YOU — IMPACTING PEOPLE EVERYWHERE

## HEALTHCARE PROVIDER MEDICATION MANAGEMENT CHECKLIST

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Go through this checklist with your patient to review their current medication management and identify potential resources/tools to improve medication management skill. Repeat checklist review periodically.**

	YES	NO	SUGGESTED RESOURCES <i>*See legend on back</i>	ACTION PLAN
1. My patient has a complete and up-to-date list of prescriptions, vitamins, and over-the-counter medications.			A B E	
2. My patient knows <b>why</b> he/she takes each medication.			A B E H	
3. My patient knows <b>when</b> to take each medication.			A B E H	
4. My patient has someone to call if he/she has questions or needs help with medications.			F G	
5. My patient is knowledgeable about medication side effects, allergies, and ADEs.			C H	
6. My patient is tolerating his/her medications without side effects, allergies, and ADEs.			C H	
7. My patient is able to get his/her medications.			D	
8. My patient can afford all of his/her prescriptions.			D I	
9. My patient remembers to take his/her medications as prescribed.			E	
10. My patient is physically able to take his/her medications without help.			G	

**Follow-up Appointment:** \_\_\_\_\_  
\_\_\_\_\_



Visit the CMM Resource Center at [www.qioprogram.org/cmm](http://www.qioprogram.org/cmm) to access these tools and more to help support your patients in managing their medications.

<b>A</b>	<b><u><a href="#">My Medicine List</a></u></b> Source: <i>Critical Path Institute</i>	<a href="http://www.scriptyourfuture.org/file/4dc82eb89bd17.pdf">http://www.scriptyourfuture.org/file/4dc82eb89bd17.pdf</a>	Use this list to keep track of all your prescriptions, over-the-counter medicines and dietary supplements.
<b>B</b>	<b><u><a href="#">Your Medicine: Play it Safe</a></u></b> Source: <i>National Council on Patient Information and Education (NCPIE) and the Agency for Healthcare Research and Quality (AHRQ)</i>	<a href="https://www.ismp.org/consumers/safemeds.pdf">https://www.ismp.org/consumers/safemeds.pdf</a>	Includes a form to fill out with contact information for your doctor, nurse, pharmacist, and 24-hour pharmacy. Also includes a list of questions to ask before you take your medicine and a Medicine Record Form.
<b>C</b>	<b><u><a href="#">Interaction Checker</a></u></b> Source: <i>RxISK</i>	<a href="http://rxisk.org/tools/interaction-checker">http://rxisk.org/tools/interaction-checker</a>	This tool allows you to look up your drug name and learn about interactions your drug might have with other drugs.
<b>D</b>	<b><u><a href="#">Medication Management: A Family Caregiver's Guide (Next Step in Care)</a></u></b> Source: <i>United Hospital Fund</i>	<a href="http://www.nextstepincare.org/uploads/File/Guides/Medication/Medication_Management_Guide/Medication_Management.pdf">http://www.nextstepincare.org/uploads/File/Guides/Medication/Medication_Management_Guide/Medication_Management.pdf</a>	This guide explains different types of medications, goes over a list of common codes used in prescriptions, discusses medication reconciliation and common medication problems, lists questions to ask about medication management, and goes over mail orders and financial assistance for medications.
<b>E</b>	<b><u><a href="#">My Medicine List</a></u></b> Source: <i>National Transitions of Care Coalition</i>	<a href="http://www.ntocc.org/Portals/0/PDF/Resources/My_Medicine_List.pdf">http://www.ntocc.org/Portals/0/PDF/Resources/My_Medicine_List.pdf</a>	"My Medicine List" can help you and your family keep track of everything you take to keep you healthy—your pills, vitamins, and herbs. Having all of your medicines in one place also helps your doctor, pharmacist, hospital, or other healthcare workers take better care of you. Also available in Spanish.
<b>F</b>	<b><u><a href="#">Find a Provider Near You</a></u></b> Source: <i>Visiting Nurse Associations of America (VNAA)</i>	<a href="http://www.vnaa.org/find-a-provider">http://www.vnaa.org/find-a-provider</a>	This website will help you find a VNAA Member home health or hospice provider near you. You can also browse by state.
<b>G</b>	<b><u><a href="#">HomeMeds Medication Safety Program</a></u></b> Source: <i>Partners in Care Foundation</i>	<a href="https://www.picf.org/homemeds">https://www.picf.org/homemeds</a>	HomeMeds helps with your medication management action plan by pairing you with a pharmacist in your community and developing medication strategies that work for you in your home.
<b>H</b>	<b><u><a href="#">Your Medicine: Questions To Ask Before Taking Medicine</a></u></b> Source: <i>Agency for Healthcare Research and Quality</i>	<a href="http://archive.ahrq.gov/patients-consumers/diagnosis-treatment/treatments/safemeds/yourmedques.html">http://archive.ahrq.gov/patients-consumers/diagnosis-treatment/treatments/safemeds/yourmedques.html</a>	Print this out to take with you to see your doctor or pharmacist to make sure you are asking the right questions about your medications.
<b>I</b>	<b><u><a href="#">Partnership for Prescription Assistance</a></u></b> Source: <i>Partnership for Prescription Assistance</i>	<a href="https://www.pparx.org">https://www.pparx.org</a>	This website will connect you to assistance programs and help with enrollment. They've helped millions of Americans get prescription drugs for free or at very low costs.