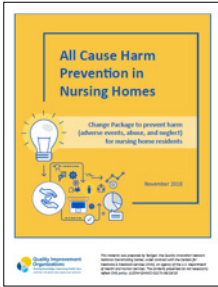



Change Packages to Support the National Nursing Home Quality Care Collaborative (NNHQCC)

NNHQCC led by the Centers for Medicare & Medicaid Services (CMS) and Quality Innovation Network-Quality Improvement Organizations (QIN-QIOs)



A new Change Package was released in 2018 that describes foundational QAPI concepts, and includes a “drill down” focus on strategies to prevent specific types of adverse events, abuse, and neglect for nursing home residents. The first NNHQCC Change Package, first released in 2012, provides foundational concepts for Quality Assurance and Performance Improvement (QAPI). Both Change Packages may be helpful for nursing homes in their ongoing work to improve quality of care, quality of life, and safety for residents. The table below provides information on the contents of both Change Packages.

Title	All Cause Harm Prevention in Nursing Homes: Change Package to prevent harm (adverse events, abuse, and neglect) for nursing home residents	Change Package: A curated collection of great ideas & practices to create lasting change in your nursing home
Link	Here	Here
Developed	2018	2012, updated in 2017
Focus	Harm prevention	Achieving overall excellence
Data Source	Interviews with nursing homes with excellent results in harm prevention, with input from an expert panel	Interviews with nursing homes with excellent results with overall quality, with input from an expert panel
Image		
OVERVIEW		
Contents	<p>Includes strategies and action ideas within four components:</p> <ul style="list-style-type: none"> • Leadership • Resident and family engagement • Committed staff, teamwork, and communication • Continuous learning and improvement <p>And specific strategies and actions to prevent harm, including:</p> <ul style="list-style-type: none"> • Adverse events related to medications • Adverse events related to resident care • Adverse events related to infections • Abuse and neglect 	<p>Includes change concepts and action ideas within seven strategies:</p> <ul style="list-style-type: none"> • Lead with a sense of purpose • Recruit and retain quality staff • Connect with residents in a celebration of their lives • Nourish teamwork and communication • Be a continuous learning organization • Provide exceptional compassionate clinical care that treats the whole person • Construct solid business practices that support your purpose <p>And healthcare bundles:*</p> <ul style="list-style-type: none"> • Avoidance of unnecessary antipsychotic medications in nursing home residents living with dementia • Encourage nursing home residents’ mobility

* A bundle is a proven approach that helps providers more reliably deliver the best possible care for residents/patients. A bundle includes a small, straightforward set of evidence-based practices that, when performed collectively and reliably have been proven to improve outcomes.



TOPICS INCLUDED: OPERATIONAL		
Leadership	✓	✓
Teamwork and communication	✓	✓
Recruit and retain quality staff		✓
Continuous learning and improvement	✓ <ul style="list-style-type: none"> Suggestions for priority areas to focus on first Suggested QI team members Resources to support effective quality improvement teams 	✓ <ul style="list-style-type: none"> QAPI (bundle) QAPI implementation checklist
Resident and family engagement	✓	✓
Compassionate end of life care		✓
Consistent assignment		✓
Choose and engage medical leadership		✓
Construct solid business practices		✓
TOPICS INCLUDED: PROBLEM PREVENTION		
Events related to medication	Medication induced delirium Excessive bleeding due to medication Falls/falls with injuries Constipation, obstipation, ileus	Unnecessary antipsychotic medication (bundle)
Events related to resident care	Falls or other trauma Pressure and other skin injuries Acute kidney injury or insufficiency secondary to fluid maintenance Fluid and other electrolyte disorders Venous thromboembolism, deep vein thrombosis, or pulmonary embolism Elopement	Pressure injuries (bundle) Falls (bundle)
Events related to healthcare-acquired infections	General Aspiration pneumonia Surgical site infections associated with wound care Urinary tract infections associated with catheter <i>C. difficile</i>	General (bundle) <i>C. difficile</i> (bundle)
Abuse and neglect	Abuse, neglect, mistreatment, injuries of unknown source, misappropriation of property	
Information included for every event	Each event listed above includes the following: <ul style="list-style-type: none"> Foundational and ongoing education topics to consider Pre-admission practices Admission practices Ongoing care practices and monitoring Resources to consider 	