



**SUPERIOR HEALTH**  
**Quality Alliance**

# Celebrating the Holidays with COVID-19 in Mind

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# Objectives

- Discuss holiday visitation processes.
- Review current visitation guidelines.
- Management of residents leaving the facility during the holiday season.
- Share resources for improving family visitations and conducting visits safely.

How did  
Thanksgiving go?

*What was successful?*

*What barriers did you  
encounter?*



# Visitation Reminders

QSO-20-39 (Revised Sept. 23, 2022)

- Community transmission = High
  - Everyone should wear a mask.
- Community transmission  $\neq$  High
  - Masks are still the safest option, but facility can choose not to require visitors to wear a face covering.
- While visiting in rooms masks are not required.

# Visitation During an Outbreak

- Outbreak = single new case.
- Visitors to be made aware of risk of visiting during an outbreak.
- Face coverings should be worn during visits.
- Visit in resident's room.
- Limit visitor movement in the facility.

# Communal Activities

- Safest for everyone to wear a face covering.



# New Visitation Resources

Superior Health Quality Alliance (Superior Health) developed four new posters for nursing homes related to visitation:

- General Visitation
- COVID-19 Outbreak
- High Community Transmission
- Reduce Spread

Source: Superior Health [Visitation Posters](#)

# ATTENTION VISITORS

Our community is experiencing a **HIGH** COVID-19 transmission rate. For your safety and others, we recommend you:

- Wear a well-fitting facemask that covers your mouth and nose.
- Limit your visit to the resident's room or designated visitor area.
- Maintain social distancing when in the presence of others.



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# Residents Leaving the Facility

- Residents are allowed to leave the facility as they choose.
- Encourage families to:
  - Use face coverings.
  - Perform hand hygiene.
- Quarantine is **not recommended** for residents who leave the facility for < 24 hours.
  - If a resident leaves for longer than 24 hours, they should be managed as a new admission.



# Timely Use of COVID-19 Therapeutics

QSO-23-03-ALL

Providers should:

- Ensure their residents are protected against transmission of COVID-19 within their facilities.
- Receive appropriate and **timely** treatment when tested positive for the virus.
- Continue to implement appropriate infection control protocols for COVID-19 and influenza.
- [Resource: COVID-19 Vaccination and Therapeutics in PALTC Toolkit: Resources for Clinicians](#)

# Gift Guide for Families

Succulent Garden

Story Album

Adult coloring books

Monthly subscription or box club

Digital picture frame

[60+ Great Gifts for People in Nursing Homes - 2021 Holiday Update! \(grayingwithgrace.com\)](https://www.grayingwithgrace.com)

[19 Gifts for Nursing Home Residents to Show You Care \(pgs-nhcare.com\)](https://www.pgs-nhcare.com)

# Enhancing the Family Visit During the Holidays

- Doing puzzles such as [wordle](#), crosswords, [trivia](#).
- Eating dinner and or dessert together.
- Reminiscing about shared memories.
- Sort through photos.
- Playing board games / cards.
- Listening to a podcast or music.
- Do a craft together.

# What is one thing you want to do differently for the next holiday?



# What are you doing to celebrate?



What  
events/activities  
does your facility  
have planned to  
celebrate the  
holidays this year?

Questions?  
Other topics for discussion?

# Continue the Conversation in Superior Health Connect



Connect is a shared learning environment for Superior Health participants to come together to foster and promote an all-teach-all-learn climate that provides the framework to improve and sustain mutual health care quality improvement initiatives locally, regionally, and nationally.

<https://bit.ly/3BhfHc1>



Scan to join Connect.



## Quality Improvement Organizations

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