

# SUPERIOR HEALTH Quality Alliance

# Nursing Home Leadership COVID-19 Roundtable and Office Hour

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Michigan Department of Health and Human Services (MDHHS)
August 31, 2022

#### **Objectives**

- Overview of COVID -19 vaccination resources.
- Discuss how low vaccine confidence and hesitancy influences vaccination outcomes.
- Learn how to conduct an effective vaccine conversation using motivational interviewing.
- Discuss common COVID-19 vaccine questions and answers frequently asked by patients and care givers.



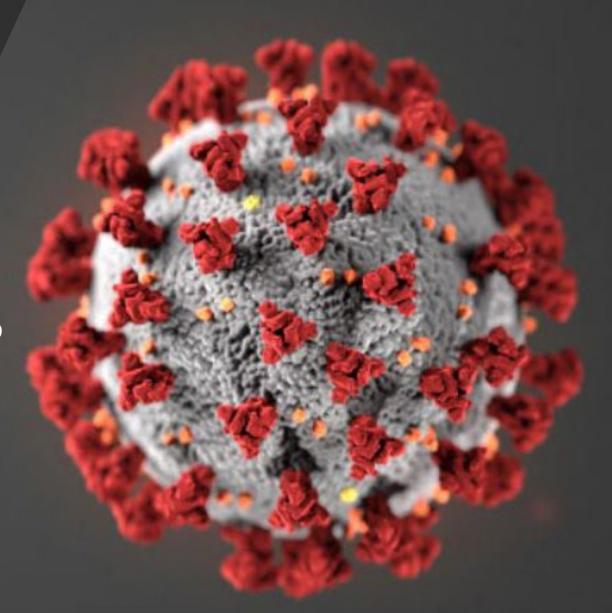




# Vaccine Conversations: What You Say and How You Say It Matters

August 31, 2022

COVID-19 Resources



## COVID-19 Vaccination Schedule\*



Vaccine	0 monti	n 1 month	2 month	3 month	4 month	5 month	6 month	7 month	8 month	9 month	10 month	11 month
Pfizer-BioNTech (ages 6 months – 4 years)	1st Dose	2 <sup>nd</sup> Dose <sup>1</sup> (3-8 weeks after 1 <sup>st</sup> dose)	(at	Dose least 8 weeks er 2 <sup>nd</sup> dose)								
Moderna (ages 6 months –17 years)	1st Dose	2 <sup>nd</sup> Dose <sup>1</sup> (4-8 weeks after 1 <sup>st</sup> dose)										
Pfizer-BioNTech (ages 5 years and older)	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose <sup>1</sup> (3-8 weeks after 1 <sup>st</sup> dose)					oster Dose <sup>2</sup> east 5 months after 2 <sup>n</sup>	<sup>id</sup> dose)			Booster Dose <sup>3</sup> e footnote)	
Moderna (ages 18 years and older)	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose <sup>1</sup> (4-8 weeks after 1 <sup>st</sup> dose)					Booster Dose <sup>2</sup> (at least 5 months a	after 2 <sup>nd</sup> dose)			2 <sup>nd</sup> Booster Dose (See footnote)	3
Janssen (ages 18 years and older)	1st Dose		Booster Dose <sup>2</sup> (at least 2 months after 1 <sup>st</sup> dose)				2 <sup>nd</sup> Booster Dose (See footnote)	<b>3</b> 2				
Novavax (ages 18 years and older)	1st Dose	2 <sup>nd</sup> Dose <sup>1</sup> (3–8 weeks after 1 <sup>st</sup> dose)										
	1 Dose	***										

Note: Timeline is approximate. Intervals of 3 months or fewer are converted into weeks per the formula "1 month = 4 weeks." Intervals of 4 months or more are converted into calendar months.

- \* See Guidance for COVID-19 Vaccination Schedule for People Who are Moderately or Severely Immunocompromised.
- 1 An 8-week interval may be optimal for some people ages 6 months-64 years, especially for males ages 12-39 years. A shorter interval (3 weeks for Pfizer-BioNTech; 4 weeks for Moderna) between the first and second doses remains the recommended interval for: people who are moderately or severely immunocompromised; adults ages 65 years and older; and others who need rapid protection due to increased concern about community transmission or risk of severe disease. For more information, view the CDC Interim Clinical Considerations (bit.ly/COVIDClinicalConsiderations).
- 2 If eligible, people 5 years and older should receive an age appropriate COVID-19 vaccine booster dose, an mRNA (Pfizer or Moderna) COVID-19 vaccine is preferred. For people ages 5-17 years who received Pfizer COVID-19 vaccine as their primary series they should receive an age-appropriate COVID-19 vaccine booster dose. Currently, a booster dose using any COVID-19 vaccine is not authorized for people ages 6 months through 17 years who receive a Moderna primary series or people ages 18 years and older who receive a Novavax primary series. For people ages 18 years and older, Pfizer-BioNTech and Moderna can be used as a booster dose.
- 3 People ages 18-49 years who received Janssen COVID-19 vaccine as both their primary dose and first booster dose may receive a second booster dose using an mRNA (Pfizer or Moderna) COVID-19 vaccine at least 4 months after the first booster dose. People ages 50 years and older should receive a second booster dose it if has been at least 4 months after the first booster dose. An mRNA (Pfizer or Moderna) COVID-19 vaccine must be used for the second booster.





# **COVID-19 Vaccination Schedule**

#### For Those Who are Moderately or Severely Immunocompromised

Vaccine	0 month	1 month	2 month	3 month	4 month	5 month	6 month	7 month	8 month	9 month
Pfizer-BioNTech (ages 6 months – 4 years)	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose (3 weeks after 1 <sup>st</sup> dose)	(At I	Dose east 8 weeks er 2 <sup>nd</sup> dose)						
Moderna (ages 6 months – 17 years)	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose (4 weeks after 1 <sup>st</sup> dose)	<b>3<sup>rd</sup> Dose</b> (At least 4 weeks after 2 <sup>nd</sup> dose)							
Pfizer-BioNTech (ages 5-11 years)	1 <sup>st</sup> Dose	(3 weeks after (At	Dose least 4 weeks ter 2 <sup>nd</sup> dose)			oster Dose¹ east 3 months after 3 <sup>rd</sup>	dose)			
Pfizer-BioNTech (ages 12 years and older)	1 <sup>st</sup> Dose	(3 weeks after (At	Dose least 4 weeks ter 2 <sup>nd</sup> dose)			oster Dose¹ east 3 months after 3 <sup>rd</sup>	dose)		(at I	Booster Dose <sup>3</sup> east 4 months r 4 <sup>th</sup> dose)
Moderna (ages 18 years and older)	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose (4 weeks after 1 <sup>st</sup> dose)	<b>3<sup>rd</sup> Dose</b> (At least 4 weeks after 2 <sup>nd</sup> dose)			Booster Dose <sup>1</sup> (at least 3 months af	ter 3 <sup>rd</sup> dose)			2 <sup>nd</sup> Booster Dose <sup>3</sup> (at least 4 months after 4 <sup>th</sup> dose)
Janssen (ages 18 years and older)	1 <sup>st</sup> Dose	2 <sup>nd</sup> (Additional) I an mRNA COVID (At least 4 weeks a	-19 Vaccine	Booster Dose¹ (at least 2 months after additional dose)				2 <sup>nd</sup> Booster Dose <sup>3</sup> (at least 4 months after 4 <sup>th</sup> dose)		
Novavax (ages 18 years and older)	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose (3 weeks after 1 <sup>st</sup> dose)								

Note: Timeline is approximate. Intervals of 3 months or fewer are converted into weeks per the formula "1 month = 4 weeks." Intervals of 4 months or more are converted into calendar months.

COVID-19 Vaccination Schedule Immuno 8-11-22 v2 (michigan.gov)





<sup>1</sup> If eligible, people 5 years and older should receive an age appropriate COVID-19 vaccine booster dose, an mRNA (Pfizer or Moderna) COVID-19 vaccine is preferred. For people ages 5-17 years who received Pfizer COVID-19 vaccine as their primary series should receive an age-appropriate COVID-19 vaccine booster dose. Currently, a booster dose using any COVID-19 vaccine is not authorized for people ages 6 months through 17 years who receive a Moderna primary series or people ages 18 years and older who receive a Novavax primary series. For people ages 18 years and older, either Pfizer-BioNTech or Moderna may be used as a booster dose.

<sup>2</sup> Only Pfizer-BioNTech or Moderna COVID-19 vaccine should be used. Visit appendix D in the CDC's Interim Clinical Considerations for more information on vaccinating people who are moderately or severely immunocompromised and who received Janssen COVID-19 vaccine for the primary series.

<sup>3</sup> People ages 18-49 years who received Janssen COVID-19 vaccine as both their primary dose and first booster dose may receive a second booster dose using an mRNA (Pfizer or Moderna) COVID-19 vaccine at least 4 months after the first booster dose. If months after the first booster. An mRNA (Pfizer or Mode

#### Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Approved or Authorized in the United States

#### Summary of recent changes (last updated August 22, 2022):

- Guidance for primary series vaccination using Novavax COVID-19 Vaccine in adolescents ages 12–17 years
- Reorganization of Janssen COVID-19 Vaccine guidance into an appendix

#### Reference Materials

- <u>Summary Document for Interim Clinical Considerations</u> (Updated 6/24/2022)
- Interim COVID-19 Immunization Schedule (Updated 6/24/2022)
- At-A-Glance COVID-19 Vaccination Schedule (Updated 8/22/2022)
- Moderna COVID-19 Vaccine for Children who Transition from a Younger to Older Age Group
- <u>Pfizer-BioNTech for Children who Transition from a Younger to Older Age</u>
   Group

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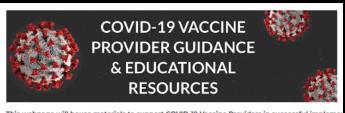
What's this?

Get Email Updates

#### COVID-19 Vaccines, Recommendations, and Schedules Timing, spacing, and interchangeability COVID-19 vaccination overview People who are not immunocompromised Patient counseling People who are immunocompromised Laboratory testing Safety Contraindications and precautions Safety considerations for mRNA COVID-19 vaccines: Moderna and Pfizer-BioNTech Reporting of adverse events Safety considerations for Novavax COVID-19 Vaccine COVID-19 vaccination and myocarditis and pericarditis Special Situations and Populations COVID-19 vaccination and SARS-CoV-2 infection Pregnancy, lactation, and fertility COVID-19 vaccination and MIS-C and MIS-A Other special populations

Interim Clinical Considerations for Use of COVID-19 Vaccines | CDC

#### MDHHS Provider Guidance and Education



Program, Be sure to "bookmark" this page and check back frequently for updates!

#### GENERAL COVID-19 VACCINE RESOURCES

Resource Guide for Pfizer - Updated 7/8/22

COVID-19 Vaccin	COVID-19 Vaccine Resource Guide for Pfizer										
COVID-19 Vaccin	COVID-19 Vaccine	Pfizer (mRNA)¹: Maroon Cap	Pfizer (mRNA) <sup>2</sup> : Orange Cap	Pfizer (mRNA)³: Purple Cap	Pfizer (mRNA) <sup>4</sup> : Gray Cap DO NOT DILUTE						
COVID-19 Vacci		Primary	Series for Immunocompeter	nt Individuals							
COVID-15 Vacci	Age Indication	6 months through 4 yrs.	5 through 11 yrs.	12 years and older	12 years and older						
ACIP Recomme	Number of Primary Doses	3 doses	2 doses	2 doses	2 doses						
Interim Clinical	Interval Between Doses	Dose 1 to 2: 3-8 weeks <sup>5</sup> Dose 2 to 3: 8 weeks	3-8 weeks⁵	3-8 weeks⁵	3-8 weeks⁵						
	Dose Volume	0.2mL	0.2mL	0.3mL	0.3mL						
CDC COVID-19 V	Primary Series for Moderately or Severely Immunocompromised <sup>6</sup>										
Vaccine adm	Age indication	6 months through 4 yrs.	5 through 11 yrs.	12 years and older	12 years and older						
	Number of Primary Doses	3 doses	3 doses	3 doses	3 doses						
COVID-19 Vaccin	Interval between 1st & 2nd Dose	3 weeks	3 weeks	3 weeks	3 weeks						
<ul> <li>Self-paced m</li> </ul>	Interval between 2 <sup>nd</sup> & 3 <sup>rd</sup> Dose	At least 8 weeks	At least 4 weeks	At least 4 weeks	At least 4 weeks						
<ul> <li>MDHHS stroi</li> </ul>	Vaccine Dose Volume	0.2mL	0.2mL	0.3mL	0.3mL						
CDC HCP Vaccin	Booster Dose #1 (primary series must be completed prior to receiving any booster doses) 7										
CDC HCP Vaccin	Eligibility (booster #1)	Not Eligible	5 through 11 yrs.	12 years and older	12 years and older						
Archived Resou	Interval between Primary and booster #1 for	Not Eligible	At least 5 months after the second dose	At least 5 months after the second dose	At least 5 months after the second dose						
CONTEN	Immunocompetent Interval between Primary and		At least 3 months	At least 3 months	At least 3 months						
Webinars (Click	booster #1 for Immunocompromised	Not Eligible	after the third dose	after the third dose	after the third dose						
Upcoming N	Dose Volume (booster #1)	Not Eligible	0.2mL	0.3mL	0.3mL						
- opcoming N	Booster Dose #2 (primary series and booster #1 must be completed prior to receiving booster #2)8										
Education Corn	moderately or severely immunocompromised, & Persor										
Enrollment	Eligibility (booster #2)	Not Eligible	Not Eligible	and older who received J&J /Janssen COVID-19 vaccine as both a primary and booster dose. An age-appropriate mRNA COVID-19 vaccine must be used for the second booster dose.							

www.Michigan.gov/COVIDvaccineprovider

- COVID-19 Vaccination Clinic Preparation Checklist & Resource **Toolkit**
- COVID-19 Vaccine Resource Guide (Pfizer and Moderna)
- Webinar Information
  - Slides & Recording
- Enrollment
- Vaccine Billing
- Product-specific Information & EUA's

And more....

# Vaccines

Victims of Their Own Success

## Vaccines=Major Public Health Success

- One of 10 most important public health initiatives in history
- Eliminating some childhood diseases from the United States and significantly reducing the incidence of many others
- Save money by preventing medical complications, loss of income



#### Vaccines are Victims of Their Own Success

- Many physicians have not seen cases of VPDs
- We are a generation removed from polio, rubella, and other serious VPDs
- Because of this, VPDs are felt by some to be a harmless right of passage and less dangerous than vaccination

# Vaccine Hesitancy

What is Vaccine Hesitancy?

## What is Vaccine Hesitancy

- Refers to the delay in acceptance or refusal of vaccines despite availability of vaccine services
- Is complex and context specific varying across time, place, and vaccines
- Is influenced by factors such as complacency, convenience, and confidence

"Vaccine hesitancy: Definition, scope and determinants" Vaccine. Volume 33(4). 14, August 2015 <a href="https://www.sciencedirect.com/science/article/pii/S0264410X15005009?via%3Dihub">https://www.sciencedirect.com/science/article/pii/S0264410X15005009?via%3Dihub</a>

## Hesitancy Versus Refusal

- Those that fall in the middle are often referred to as Fence-sitters
  - They have questions and just want to know more about vaccines
- Fence-sitters versus anti-vaccinators
  - Not likely to convince the anti-vaccinator
- We need to remember
  - Questions do not equal opposition
  - Questions present an opportunity to educate
- A focus on educating fence-sitters will be more beneficial than trying to persuade those who completely oppose vaccines



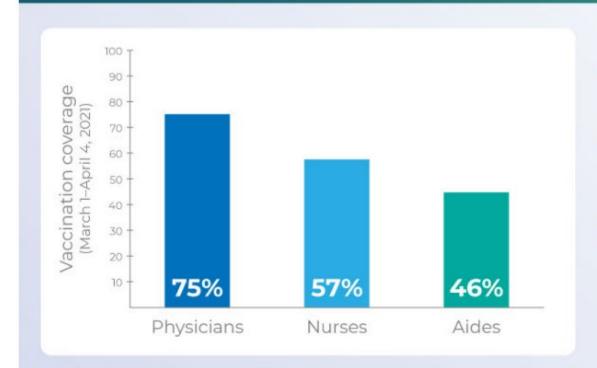
#### What Influences Lack of Vaccine Confidence

- Caregivers/patients express concerns about the safety
  - Ingredients, too many vaccines at one visit, and not properly tested
- Caregivers/patients are strongly influenced by other individuals and what they read
  - Often through social media and news sources
- Caregivers/patients consider vaccines to be ineffective
- Caregivers/patients don't see disease as a risk
  - Susceptibility to disease and severity of disease



# Vaccination rates vary among health care providers in long-term care facilities (LTCFs)

07/30/2021



#### Vaccination saves lives:

- LTCF staff may be exposed to COVID-19 every day
- LTCF staff can avoid getting sick and exposing residents to COVID-19



**MMWR** 

bit.ly/MM7030a2

# Communication Research and Vaccine Conversations

Starting the Vaccine Conversation

#### **Vaccine Conversations**

- Answering questions can be challenging
  - Staff is not always prepared for questions
  - Inconsistent messages from staff
  - Real-life time constraints
  - Frustrating! Correcting
    misconceptions can successfully
    reduce misperceptions, but does
    not always result in vaccination





## What You Say AND How You Say It Matters

- The best predictor of vaccination is how the provider started the conversation
  - For both vaccine hesitant and non-hesitant patients
- Good recommendation = simple, strong and personalized
  - "It's time for your flu shot. I recommend you get vaccinated today. I get vaccinated and my children do too. It's the healthy thing to do."

#### **VERSUS**

 "Research suggests that persons vaccinated with influenza vaccine have a decreased chance of contracting disease and complications associated with influenza. Would you like to get vaccinated today?"

## Why Presumptive Style Might be Better

- Parents refused vaccine at a higher rate with participatory approach
  - When providers used a participatory rather than presumptive approach (83% vs 26%; P < .001)</li>
  - However, 47% of initially resistant parents subsequently accepted recommendations when providers pursued their original recommendation
- This speaks to:
  - How starting the vaccine conversation matters, and if providers continue to pursue the recommendation after encountering resistance, many parents eventually agree
- Patients are made to feel that vaccination is what most people do when using a presumptive approach

# Talking with Patients/Caregivers about Vaccination

How to Apply Motivational Interviewing

- Step 1: Embrace an attitude of empathy and collaboration
  - Be compassionate, show empathy, and be genuinely curious about the reasons why the patient feels the way they do
  - Be sensitive to culture, family dynamics, and circumstances that may influence how patients view vaccines
  - Remember: Arguing and debating do not work. Taking a strong initial stand may also backfire

#### Step 2: Ask permission to discuss vaccines

- If the patient says no, respect that
  - Option 1: Move on and say, "I respect that, and because I care about your overall health, maybe we could talk about vaccines at a future time"
  - Option 2: Based on the patient's demonstrated emotions and your assessment of the patient's worldview and values, you could spend several minutes curiously exploring why the patient doesn't want to talk about it. Goal is to understand not change their mind
- If the patient says yes, move to Step 3
- If the patient asks a question about vaccine safety, vaccine risks, or their health or mental health move to Step 4

#### Step 3: Motivational Interviewing

- Ask the patient a scaled question (e.g., "On a scale of 1 to 10, how likely are you to get vaccinated" 1=never; 10=already have an appointment). Then explore both sides of whatever number is given.
  - **Example:** Let's assume someone says 4. This is where curiosity comes in. You can say, "Okay, why 4? And why not a lower number?" Let them answer, and ask a follow-up question like, "what would help you move to a 5 or 6?"
- The goal is to help the patient become more open to moving toward higher numbers-in other words, getting vaccinated

#### Step 4: Respond to questions about vaccines

- Respond within the boundaries of your competence, ethics, and scope of practice
- If you feel competent and aware of how to answer the patient's question, respond with empathy and provide scientific information as needed. Refer the patient to resources
- If the patient's question is outside of your competence or awareness recommend that they speak with a knowledgeable expert, as needed



HowlRecommend Vaccination Video Series | CDC

- The #HowIRecommend video series features short, informative videos from clinicians like you
- These videos explain the importance of vaccination, how to effectively address questions from parents about vaccine safety and effectiveness, and how clinicians routinely recommend same day vaccination to their patients



# Use a Whole Team Approach to Vaccination

- ALL staff play a role in vaccine communication
  - From the front to the back of the office
- Healthcare providers who feel confident in vaccines are more likely to recommend them to patients
- Ensure staff has access to:
  - Up-to-date information on vaccine recommendations
  - Access to clinical resources and trainings on vaccination
  - Answers to their own questions about vaccines

# Common Questions Asked by Patients and Caregivers about COVID-19 Vaccine

# Why should I get vaccinated if I might get COVID-19 anyway?

- COVID-19 vaccination significantly lowers your risk of severe illness, hospitalization, and death if you get infected
- Compared to people who are up to date with their COVID-19 vaccinations, unvaccinated people are more likely to get COVID-19, much more likely to be hospitalized with COVID-19, and much more likely to die from COVID-19

- None of the authorized COVID-19 vaccines in the U.S. contain the live virus that causes COVID-19, therefore the vaccine cannot make you sick with COVID-19
- Vaccine shedding is the release or discharge of any of the vaccine components in or outside of the body and can only occur when a vaccine contains a live weakened version of the virus
  - None of the vaccines authorized for use in the U.S. contain a live virus. mRNA and viral vector vaccines are the two types of currently authorized COVID-19 vaccines available

# The COVID-19 vaccine might give me or someone else COVID?

# I already had COVID, so I do not need the vaccine?

- People who had COVID-19 are recommended to get the vaccine after they have recovered. Some studies have indicated two benefits
  - Vaccination more consistently produces protective immune responses than infection.
  - Vaccination provides a wider breadth of protection based on the types of memory responses produced.
- In addition, studies have suggested that infection followed by vaccination provides better protection than either vaccination or infection alone

#### Promoting COVID-19 Vaccine in Long-term Care Settings

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The risk for severe COVID-19 illness increases with older adults and those with underlying medical conditions. Because of this, the federal government is committed to ensuring that residents and staff in long-term care (LTC) settings, such as nursing homes, assisted living communities, residential care communities, group homes and senior housing, have access to COVID-19 vaccines. For additional examples of LTC settings, see COVID-19 Vaccine Access in Long-Term Care Settings 2.



The goal is to continue to protect people who are disproportionately affected by COVID-19—especially residents in LTC settings. It is important to build confidence in COVID-19 vaccines while increasing protection for LTC residents.

Many LTC providers have already identified strategies and partnerships to obtain and administer COVID-19 vaccines for residents and staff. These include the following:

- Working with established LTC partners and retail pharmacy partners
- Coordinating with state and local health departments
- Ensuring COVID-19 vaccine equity for LTC staff and residents

Additional strategies can be found in the LTC Pharmacy Partnerships section of the CDC COVID-19 Vaccination Planning and Partnerships page.

LTC providers are encouraged to consider the option that works best for their residents and staff when coordinating access to COVID-19 vaccines, either in the local community or on-site. Additional details on these options are available on the pages linked below.

# CDC's Promoting COVID-19 Vaccine in Long-Term **Care Settings**



# COVID-19 Shouldn't be Our Only Focus

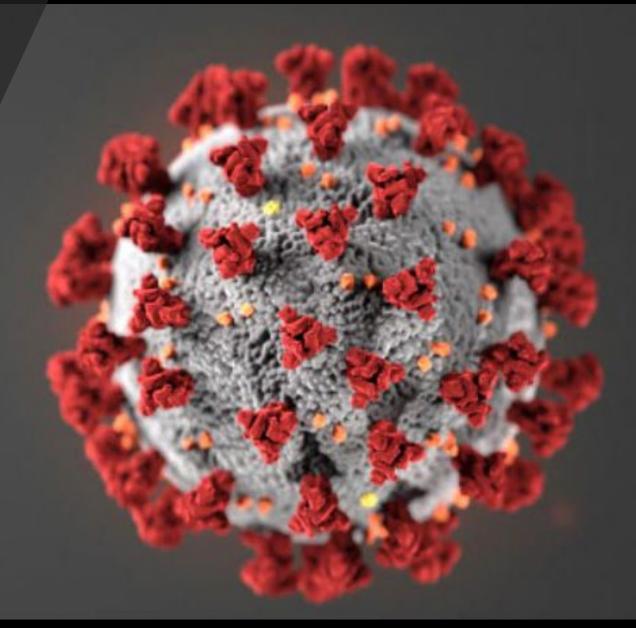
- Assess the vaccination status of patients at all clinical encounters, even among clinicians and other providers who do not stock vaccines
- Identify vaccines patients need, then clearly recommend needed vaccines
- Offer needed vaccines or refer patients to another provider for vaccination

## Remember These Strategies

- Have a consistent immunization message across all staff
- Know and provide credible resources
- Be respectful and listen
- Practice using the 4 steps to apply Motivational Interviewing
- Take a Strong Position
  - Providers are a trusted source
  - Patients more likely to accept vaccines when using a presumptive approach
- Focus on educating the Fence-sitters as opposed to focusing on those who completely oppose vaccinations
- Assess for and strongly recommend all recommended vaccines

# Thank You!

Questions Email: checcimms@michigan.gov



#### **Upcoming Sessions**

**September 7:** Immunization Series Part Three | Positive Immunization Culture

**September 14:** Top Five Areas of Opportunity for Infection Prevention with Dr. Buffy







# SUPERIOR HEALTH Quality Alliance

This material was prepared by the Superior Health Quality Alliance, a Quality Innovation Network-Quality Improvement Organization under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS.

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