

## 10-YEAR VETERAN OF THE NFL RANDY GRIMES

## TOGETHER WE CAN TACKLE:

- Substance Use Disorder
- Mental Health
- Pain Management
- Trauma/PTSD



## CHANGING COMMUNITIES, SAVING LIVES June 8, 2022 | 10 a.m. MST / 11 a.m. CST

**Randy Grimes** lived as everyone's all-American—with a successful 10-year career for the Tampa Bay Buccaneers. But pain took over, and the prescription pills used to treat chronic injuries eventually led to playing in blackouts. When Randy's career ended, the pills continued —feeding an opioid addiction that would last 20+ years and erode his identity, health, and family. When addiction claimed the life of a close friend, Randy finally found the courage to raise his hand and ask for help. This single decision reclaimed Randy's life. Today, Randy is a Motivational Speaker for Tour de force Speakers, founder of Pro Athletes in Recovery, Addiction & Mental Health Advocate, and top-selling author with his first book, *OFF CENTERx*.

We invite you to hear Randy's story and join us in <u>pledging to take action</u> together across our communities to save lives. This event is open to all and will be the final session of the Opioid Action Collaborative.

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