Quality Innovation Network (QIN) Everyone with Diabetes Counts (EDC) Results as of July 31, 2017

National Paired Analysis

Number of Medicare Beneficiaries Completing Diabetes Self-Management Education and Support (DSMES) Classes

47,900

Mean change (adjusted) in HbA1c for beneficiaries whose pre-DSMES HbA1c was at least 7%
(57% of the sample population recorded an initial HbA1c of at least 7%)

Pre-DSMES 8.51%
Post-DSMES 7.83%

QINs Highlighted:

Mountain-Pacific QIN: Sustainability for Rural Engagement
(Montana, Wyoming, Alaska, Hawaii & US Pacific Territories)

Trained 206 peer educators and obtained clinical data results for 14% of beneficiaries completing DSMES classes.

HbA1c Decreased
71% of beneficiaries
Avg = -1.16

Weight Lost
55% of beneficiaries
Avg = -8.9 lbs

"This is one of the best classes I’ve ever taken, and that should mean a lot because I’m a nurse."

"Overcoming the barriers is so hard, but I think I have some tools to help me now."

"I absolutely feel better about being able to manage my diabetes after attending these classes."

The take-away: Educating people with diabetes helps them feel more confident about managing their disease, which in turn improves their health and reduces healthcare utilization and costs to Medicare.

Beneficiary Testimonials

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HSAG QIN: Broad Impact
(California, Arizona, Ohio, Florida, US Virgin Islands)

25,000 Projected number of people with diabetes reached in region
$9M Estimated projected Medicare savings
14 Different languages
English Spanish Cantonese Creole Mandarin Hmong Vietnamese Swahili Native American Braille Sign Language

Clinical Outcome Data

Provider Portal

HSAG

Site Visits

Leverage Partnership

Methods

Faxing

EDC Classes

THE TAKEAWAY: