1. All Meds

Bring all of the medicines you take to doctor and hospital visits to be reviewed. Then, ask for a printout of the updated medicine list and share it with your other doctors and pharmacies.

Keeping an accurate list helps avoid problems that could hurt you:

- Drug Interactions
- Missing or too many medicines
- Dose too high or too low
- Time or dose mix-up

2. Bring to Doctor

Bring all of your medicines, including:

- All prescriptions you take
- Any prescriptions you no longer take
- Over-the-Counter (OTC) medicines
- Vitamins & Herbs
- Eye drops, creams, patches and inhalers
- Testing or self-monitoring supplies

3. Ask for Updated List

Talk to your doctor or pharmacist about ANY medicine question or concern, but NEVER stop taking a medicine without telling your doctor.
Medicine Review: Tips for Prescribers and Staff

1. **Identify medicines patients should bring:** all Rx, OTC and vitamins, supplements, herbs. This includes all oral, topical, liquid, inhaled or injected medicines.

2. **Remind patients to bring medicines:** Encourage medicine review during visits, add a message to appointment cards or reminder calls, hang posters in exam and waiting rooms, use My Meds Bag (Order more FREE at [http://www.alliantquality.org/content/orders](http://www.alliantquality.org/content/orders))

3. **Prepare for the review:** nurse or medical assistant can set up meds at the beginning of the visit and thank the patient for bringing them.

4. **Perform the review:** For each medicine ask the patient:
   a. What do you take this medicine for?
   b. When do you take this medicine?
   c. Can you show me how much you take each time?

5. **Clarify medicine instructions:** Use everyday words and precise instructions: “Take 1 pill in the morning and 1 pill at bedtime.” Use the Teach-Back method to confirm.

6. **Identify barriers to managing medicine use:** Side effects, access, cost, adherence problems, etc. Consider pharmacy solutions that could help: delivery, special packaging, less costly alternatives, etc.

7. **Document the Review:** Note when the medicine review was performed. Update the medicine list on record. Document any medication-related problems identified.

8. **Provide patients with updated medicine lists:** Patients should leave the visit with an updated and accurate list. Share the list with other health care team members, including pharmacists, and encourage your patient to share it, too.

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**Medicine Reviews Can Help Satisfy Requirements for Billable Services and Quality Measures**

Many services require documentation of current medications and/or completion of medication reconciliation:

- Annual Wellness Visit
- Initial Preventive Physical Exam
- Chronic Care Management
- Transitional Care Management

Medication management and medication reconciliation are required for new quality measures and MACRA Improvement Activities:

- NQF #0419 Documentation of Current Medications in the Medical Record
- NQF #0097 Medication Reconciliation Post-Discharge
- NQF #0022 Use of High-risk Medications in the Elderly
- ACI_HIE_3 Clinical Information Reconciliation
- IA_PM_16 Implementation of Medication Management Practice Improvements